**Nicaragua: International Feminism**

**Sample Itinerary\***

*Note: This itinerary is a sample and is subject to change.*

**Day 1: Sunday Managua**

12:00-2:30 Arrivals are met at the airport by CSJ Leader(s), transported to CEPAD

3:30 pm Arrive at CEPAD, check into rooms

4:00 pm Orientation

6:30 pm Dinner at CEPAD

8:00 pm After dinner activity

9:00 pm Bed

 Sleep at CEPAD

**Day 2: Monday Managua**

7:30 am Breakfast at CEPAD

8:00 am Morning Check-in

8:15 am Leave for History of Nicaragua with Mark Lester

11:00 am Leave for Meeting with Puntos de Encuentro

1:00 pm Lunch

2:15 pm Leave for Meeting and project tour with Yamilet Pérez

4:30 pm Free time

5:30 pm Trip to volcano

7:00 pm Dinner at CEPAD

8:00 pm Worship and discussion

Sleep at CEPAD

**Day 3: Tuesday Managua-Estelí**

8:00 am Breakfast

8:40 am Morning Check-in

9:00 am Coffee in Nicaragua with Cirilo Otero

11:00 am Leave for Estelí

12:30 pm Lunch on the road

3:00 pm Arrival in Estelí; Introduction to FEM

6:00 pm Arrive at Hostal Tomabu

6:30 pm Dinner at Hostal Tomabu

8:00 pm Worship and discussion

 Sleep at Hostal Tomabu

**Day 4: Wednesday Estelí-Los Llanos**

7:30 am Breakfast at Hostal Tomabu

8:00 am Morning Check-in

8:30 am Leave for Las Diosas

9:00 am Tour and testimonies from Las Diosas members

12:30 pm Lunch at Las Diosas

1:30 pm Opportunity to buy Las Diosas’ products

2:30 pm Leave for Los Llanos

5:00 pm Arrive at Casa Comunal

5:30 pm Welcome from Board of CoopeMujer

6:30 pm Dinner at Casa Comunal

7:30 pm Reflection time; preparation for day at CopaMujer

Sleep at Casa Comunal

**Day 5: Thursday Los Llanos-Colorado**

6:00 am Breakfast at Casa Comunal

6:45 am Morning Check-in

7:00 am Leave for CopaMujer

7:30 am Welcome from Board of CopaMujer

8:00 am Coffee harvesting (w/ women of CopaMujer)

12:30 pm Lunch at Casa Comunal

2:00 pm Coffee processing and depulping

4:30 pm Return to Los Llanos

5:30 pm Dinner at Casa Comunal

7:00 pm Worship and discussion, practice for cultural exchange

 Sleep at Casa Comunal

**Day 6: Friday Los Llanos**

6:30 am Breakfast at Casa Comunal

7:15 am Morning Check-in

7:30 am Bio-intensive gardening w/ CoopeMujer

12:00 pm Lunch

2:00 pm Dialogue w/ women of Coopemujer to talk about food security, violence against women, etc.

5:00 pm Free time

6:00 pm Dinner

7:30 pm Cultural exchange with CoopeMujer

 Sleep at Casa Comunal

**Day 7: Saturday Los Llanos-Managua**

6:30 am Breakfast at Casa Comunal

7:30 am Reflection & debrief at Casa Comunal; begin action planning for ways to bring the experiences home

11:30 am Goodbyes and depart for Estelí

1:30 pm Lunch in Estelí

3:00 pm Leave for Managua

6:00 pm Arrive at CEPAD

6:30 pm Dinner at CEPAD

7:30 pm Closing worship

**Day 8: Sunday**

 Departures to the U.S.

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*\* indicates that event is pending confirmation*

 **INFORMATION ABOUT PARTNERS\***

1. *CEPAD (Council of Protestant Churches of Nicaragua)* is an organization that provides training to poor Nicaraguan villages to support local community leadership, women’s economic development, food security and care for the environment. CEPAD also operates a guest house, where we’ll stay in Managua.

<http://www.cepadnica.org>

2. *Mark Lester* is the Nicaragua country director for Winds of Peace Foundation and the Co-Director for Central America of the Center for Global Education at Augsburg College. He has lived in Nicaragua for many years. He is well known and respected for his knowledge about development issues in the country, and is frequently asked to give talks about the history and current situation of the country to delegations visiting Nicaragua.

3. *Puntos de Encuentro (Meeting Points)* is an organization that develops actions on communication, formation and research for social change with a focus on a gender, generation and diversity with equity. It orients its efforts in the construction and diffusion of values, behaviors and social relations based on inclusion, respect, solidarity, nonviolence and cooperation. FEM has received substantial support (training, capacitacion, etc) from Puntos de Encuentro. <http://www.puntosdeencuentro.org/>

4. *Yamilet Perez* is a community organizer whose original focus was on the poorest communities based around the large municipal dumps of Managua, where she lived and raised her family.

5. *Cirilo Otero* is a sociologist, economist and university professor. He is the editor and producer of Perspectiva Alimentaria (Food Perspective), of the Centro de Iniciativas de Politicas Ambientales (Center for Environmental Policies and Initiatives).

6. *Fundación Entre Mujeres (FEM: Foundation Amongst Women)* is a women’s NGO and social movement founded in 1995, based in and around Estelí in north central Nicaragua. Their mission is to promote empowerment of rural women through a variety of projects. They focus on advancing economic independence with an emphasis on land rights and food sovereignty; preventing violence against women; and promoting literacy as an avenue for empowerment.

6. *Las Diosas (The Goddesses)*, a project of FEM, is a network of four small grower cooperatives dedicated to the respect for women's rights, as well as the promotion of issues with women's rights at the center. In just under 20 years since its founding, this relatively small organization (consisting of only 250 members) has made big strides in both production capacity and social politics.

7. *CoopeMujer and CopaMujer* are rural farming cooperatives in the small villages of Las Llanos and Colorado outside of Estelí. They are both projects of FEM.